

## The Principal's Weekly Update

## Term 3 - Issue 6

This newsletter is issued weekly in order to celebrate the achievements of students and staff as well as to thank those who put so much effort into ensuring that students at John Cabot Academy continue to have opportunities to try new things and to maximise their achievements, are recognised and appreciated. I hope you enjoy reading this newsletter as much as I enjoy receiving and collating each item. Please do continue to inform me of any students' achievements and experiences that I am unaware of so that they can be included in future editions.

### County Basketball Success

You will have seen in last week's edition that the U16 Girls' Basketball team recently won through to the County Championships. Well, huge congratulations to the team who this week were crowned the WESPORT/AVON Champions (Bristol, S Glos, BANES, N Somerset). Firstly, they played Ashton Park and after a slow start Cabot's defensive structure began to put the opposition under a lot of pressure which Cabot converted to points. The third quarter saw them take the lead which they sustained through to the final whistle, securing a 25-20 win. The girls then went on to dominate the final against Backwell with a 33 - 14 win. This was a well deserved success which the girls fought for and the whole team played their part in. This was the third year that the girls had reached the finals having been runners up two years ago. Please congratulate the following girls for an outstanding sporting performance:

Whitney Thompson, Akilah Wellington, Helen Howshall, Ruby Lopez, Lottie Thompson, Maddie Ford, Jodie Parry, Jazz Rogers and KT Brooks.



### Individual Music Lessons

Students who have had individual music lessons in Term 3 should have brought home a report card so that parents can see how they've been getting on. If you wish to continue with lessons in Term 4, please send a cheque for £30 to the music department during the first week back. Lessons will then start again in week 2. If you are thinking about having lessons for the first time (or returning to an instrument) then we have a few vacancies in drums, guitar and keyboard at the moment. Please email [steve\\_clarke@cabot.ac.uk](mailto:steve_clarke@cabot.ac.uk) if you need any more information about music lessons.

**Outstanding Student Care**  
**Outstanding Curriculum**  
**Outstanding Teaching and Learning**  
**Outstanding Student Achievement**

## Healthy Food

At every parents' evening, parents are invited to return a questionnaire in order to help the Academy rate its provision across a range of areas. At the recent Year 7 parents' evening, some parents indicated on their questionnaire that they had concerns about the range of healthy choices available in the Canteen at lunch time. As with all parental comments, we have pursued this concern and include a response from the Canteen service provider below:

Sodexo offer a menu that is compliant to the Government guidelines for nutritional standards in schools. On a daily basis we offer a choice of food options which includes:

- Two main meal dishes – one of which is a vegetarian choice.
- Jacket Potatoes with a range of fillings.
- Hot pasta with a choice of three sauces (including one vegetarian).
- A help yourself Salad and Fruit bar including yogurts.
- A selection of hot and cold snack items.
- Freshly made baguettes and sandwiches with a variety of fillings.
- Fruit or Calcium based drinks.

The menu, all prices and further information (including how to contact the catering manager for details of a student's purchase history) are available at [www.cabot.ac.uk](http://www.cabot.ac.uk) in the information section under the heading 'canteen'. Parents who would like information about the choices their children are making when purchasing food from the Canteen are welcome to contact Louise Caines at the Academy.

## Talent Ticket experience

Nine of our AS Media Studies students have begun their Talent Ticket experience at the BBC. They have been working in teams to produce and edit short films which will be screened at UWE later this month. Below are comments made by two of the students involved:

*'The BBC experience was lots of fun and very interesting. We were given the opportunity to meet lots of interesting people and get a very good insight into how a media institution like the BBC works. Everyone there was really helpful and friendly and I look forward to going back. It has helped to give me an idea of what I would need to achieve to work in the media industry.'* Cait Humphrey.

*'We've met some amazing and truly inspirational people, and I think the teamwork has really helped build on our media knowledge as well as give us a better idea of where we want to go in the future. I know that I personally am going to try my hardest to get into the BBC.'* Jordan Barclay Payne.

## Y11 Prom

Year 11 students are invited to the end of school prom to be held this year on Friday 1 June 2012, at The Grange, Winterbourne. In the past, the prom has been a thoroughly enjoyable evening for Year 11 students and last year almost every student attended, making it a really special occasion. Tickets cost £35.00 each to include entrance, a buffet dinner plus drinks and disco. The prom starts at 7.00pm and finishes at midnight; you will need to arrange your own transport both to and from the event. There will be a formal photographer at the prom providing framed photographs for £8 each (not included in the ticket price). Letters are available from your Learning Coordinator. Please complete and detach the consent form on the letter and pass this with your payment to your Learning Coordinator in the Learning Coordinator's office. Full payment must be made by the end of next term, **Friday 30 March, 2012.**

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### **Sainsbury's Voucher Collection**

Each year, the Academy collects Sainsbury's active schools vouchers, which we use to purchase sports equipment. There is now a collection box in the main reception ready for students to bring in vouchers. Last year, we managed to collect over 10,000 vouchers which were used to get lots of equipment; this year we are going to try to get closer to 15,000. We will also be collecting the Tesco's vouchers and the collection box for these will be arriving soon.

### **U14's Girls Basketball WESPORT / AVON Competition**

The team was in a pool with St Bedes and Backwell and started with a tough game against St Bedes. They were over 30 points behind after two quarters; however the girls improved their performance massively and lost by only 12 points. This was followed by Backwell, the girls built on their performance from the first game to win this 22- 14. This meant they reached the 3rd-4th place play off against the Grange; this was a closely fought game which they lost 12- 10 to finish in 4th place overall. The girls can take great pride in their performance and effort in all the matches they have been involved in during the last two weeks.

### **Sports Personalities for Term 3**

This term, the following team and students have been nominated by members of the PE department; well done to all the winners this term.

**Team of the Term:** U16's Girls Basketball Squad: this term, the squad won the South Gloucestershire competition and then they went on to win the county championship. This now means they have reached the regional level competition. This is a massive achievement and is the result of three years of work in Basketball lessons, attending Basketball Club and training with Bristol Storm. Well done girls, a fantastic effort by all the squad, who are: *Whitney Thompson, Akilah Wellington, KT Brooks, Jasmine Rogers, Helen Howshall, Ruby Lopez, Victoria Brimming, Lottie Thompson, Maddie Ford, Jodie Parry, Candice Hayden.*

**Girls:** Kara Pring & Josie Ford in Year 9: this term, these two girls have been outstanding. Their all round effort, performance, perseverance and a desire to be the best they can be in everything they do, whether it be Basketball, Rugby lessons, wheelchair basketball, meeting Olympians or around the Academy. Two outstanding young people with a huge amount of motivation and positivity that rubs off on others.

**Boys:** Michael Pryce in Year 9: he has been a great performer in both PE lessons and for the Year 9 football team this term. He has led by example with his effort and commitment, which helped the football team to their first win against BBA last week.

### **Coming up early next term**

Below are some of the main events taking place early next term.

#### **Early next term:**

20/02/12	Term 4 begins
23/02/12	Y7 Disco
	Y12/13 Law trip
28/02/12	SEN drop in review session
	GCSE drama trip to Hippodrome

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29/02/12	Y8 Disco
06/03/12	Y9/10 Business trip
08/03/12	Y11 Parents' Evening
13 – 15 Mar	Academy Production
14/03/12	Y10/11 Dance exam
15/03/12	Y10/11 Languages Conference
	Morocco trip Information Evening

**Please remember to check the website each week for the weekly newsletter as well as forthcoming dates.**

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